



Erasmus+ Mobility Report – Czech Delegation

Project title: *Enrich the Resources and Protect the Environment for a Sustainable and Livable World*

Project number: 2024-1-HU01-KA220-SCH-000246186

Location: Plzeň and Prague, Czech Republic

Dates: March 24–28, 2025

Organizing institution: Secondary Medical School and Higher Vocational Medical School, Plzeň

Monday, March 24 – Arrival and Program Opening

Partner delegations from Hungary, Portugal, Spain, and Turkey arrived in Plzeň and were warmly welcomed at our school.

The opening session included a brief presentation of the project, introduction of students, and formation of international teams. Each country presented its **significant trees**, sharing stories, legends, and environmental values connected to them.

In the afternoon, participants joined a **guided tour of Plzeň's historical city center**, focusing on the role of urban greenery and the preservation of historical parks.

Tuesday, March 25 – Vertical Garden and Tree Mapping

The second day was dedicated to practical environmental activities.

In the morning, students collaboratively created a **vertical garden** at the school as part of a sustainability initiative. This creative activity symbolized growth, teamwork, and the connection between people and nature.

Afterwards, the teams participated in **Tree Mapping** — identifying and documenting important trees in Plzeň. They recorded species, estimated age, and ecological significance, and assigned **QR codes** to link each tree to digital information.

In the afternoon, students worked on the **Tree Mapping E-Book**, combining data and photos from all partner countries into a shared digital publication.

Wednesday, March 26 – Excursion to Prague

The group departed early by train to Prague.

The first stop was the **Botanical Garden**, where students explored various plant species and discussed their ecological roles within the urban ecosystem.

Later, they visited the **Divoká Šárka Nature Park**, identifying local flora and discussing biodiversity and endangered species protection.

After lunch, the group discovered **green areas in the city center**, observing how nature coexists with the historical and urban landscape.

In the evening, the participants returned to Plzeň by train, full of impressions from the Czech capital.

Thursday, March 27 – Techmania Science Center

This day was devoted to science, innovation, and sustainable technologies.

At the **Techmania Science Center**, students explored the interactive **Green Techmania** exhibition, which demonstrates principles of renewable energy, recycling, and modern ecological solutions.

A popular attraction was the **tilted room**, where participants experienced the effects of gravity in a fun and engaging way.

Later, they attended a 3D film at the Planetarium — *Dream Big*, an inspiring documentary about science and human creativity.

The afternoon offered free time to explore additional exhibitions or discuss the week's experiences informally.

Friday, March 28 – Final Presentations and Certificates

The final day focused on reflection and celebration.

Participants presented the outcomes of their work, including photos, research summaries, and previews of the Tree Mapping E-Book.

A short evaluation and feedback session followed, where students shared their impressions of the week and expressed gratitude to their hosts.

Finally, certificates were formally presented to all participants. The farewell was emotional — strong friendships and partnerships had formed during these five inspiring days.

Final Reflection

The mobility in Plzeň successfully combined education, environmental awareness, and intercultural cooperation.

Students improved their English, teamwork, and communication skills while deepening their understanding of sustainability and environmental protection.

For our school, it was a valuable opportunity to showcase innovative teaching methods and demonstrate how healthcare education can naturally connect with ecological thinking and European values.

The project *Enrich the Resources and Protect the Environment for a Sustainable and Livable World* strengthened not only environmental awareness but also human connections — proving that learning, creativity, and respect for nature truly go hand in hand.

Team of SZŠ a VOŠZ Plzeň
Plzeň, Czech Republic
April 2025